

# Welcome to LifeWorks by Morneau Shepell

Feel supported and connected with a confidential Employee Assistance Program on an innovative well-being platform.

We are excited to announce that we've partnered with LifeWorks - a mobile platform where you will feel connected, rewarded and supported throughout your journey. You will have access to:



Support for work, health and life issues from specialists in numerous areas, including physical and mental health, finance and law, child care and elder care, retirement and more



Perks and Rewards, including discounts and special offers to make your money go further



Personalized well-being content based on your areas of interest



See the latest updates from the Canadian Benefits team



Health & Wellness assessments and challenges

AEO



LifeWorks  
by Morneau Shepell

## Getting started is easy!

You can access LifeWorks by signing in using your AEO2GO credentials.

If you need assistance right away, contact our Care Access Center:

